



Horses Inside Out

At Tumpy Green Equestrian Centre
Tumpy Green Lane, Cam, Dursley, Glos, GL11 5HZ

Anatomy and Stretching Programme 11th March 2018

09.00	Registration, Welcome and Coffee
09.30	An Introduction to the Musculo-Skeletal System
09.45	Hands on Session – This will involve some Anatomical Painting of the Skeleton
11.45	Anatomical Movement Demonstration - (lunging and pole work)
12.00	Wash off Horses – Look at Bones and Books
12.30	Lunch – Please bring packed lunch
01.30	Pilates and Stretching for horses
04.00	Close



<http://www.horsesinsideout.com/index.html>

Workshop Participant £75 / £70 for TG Livery Owners

Spectator Only £10 / £8 for TG Livery Owner

For further information;

Tel: 01453 899002

Email: info@tumpygreenequestrian.co.uk

You can book your place online via Equo Events;

www.equoevents.co.uk

Number will be limited, so book early to avoid disappointment