

BHS North West Wales

Hosted by Anglesey International Arena Committee

The
British
Horse
Society

invites you to a video based evening talk

With Gillian Higgins from Horses Inside Out

at The Foodhall, Anglesey Showground, Gwalchmai,

Holyhead LL65 4RW

Doors open 6.00 pm, talks start 7.30pm

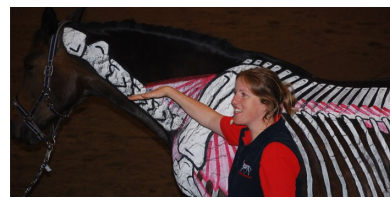


Monday 8 May '17

Posture and Performance

Training from the anatomical perspective, supporting posture and skeletal maturity.

**Refreshments & Food Available to Purchase
Raffle and Trade Stands**



£12 per ticket, members and non-members welcome

Gillian Higgins (BSC equine, BHS Senior Coach, Sports and Remedial Therapist, Rider, Anatomist, Biomechanist, Anatomical artist and Author) leads **HORSES INSIDE OUT**, internationally recognised as a leading provider of equine education incorporating the most recent scientific developments with the most tried and tested traditional methods

Slow motion video footage allows the audience to see in detail and understand what is happening as the horse moves.

Tickets : Clare Mangham 01407 720525 or Margaret Ferne 01407 740505 or

**BHS Regional Manager : sarah.pinnell@bhs.org.uk / 02476 84076 or 07976 581207 or
book online via the BHS website (details below)**

www.bhs.org.uk/bhs-in-your-area/north-west-wales